

Linda's Tid-Bits

Linda Nixon, Chairperson

Happy Thanksgiving! We are coming up on the busy holiday season! Please remember to take time to thank the people for the love and happiness they share with you. Slow it down and enjoy it. We all try to put so much into a day, take the time out this Holiday season and truly enjoy the people around you.

Our Open Forum turned out great! We had Andrew Firestone, Director of Community Development, Jenny Houline from zoning, and the two council members from our district, Kathy Turley and Vorry Moon, answering questions from and about Southglenn; it was a very informative meeting. We have the answers to lots of questions we had about the monument signs and lots of other questions answered. Thank you, City of Centennial, for sending us the helpful people.

The Southglenn Civic Association Dinner is on the 19th of November. (This is a correction from the date published in last month's newsletter - sorry for any confusion.) **We need to get your RSVP by November 12 so we can plan a nice dinner.** We will have a couple games and prizes! All Volunteers and their families are welcome! Please RSVP and let me know how many will be in your party. Linda, 303-795-8083.

We Are on Facebook!



Like us on Facebook:
www.Facebook.com/SGCivicAssoc

Join us on Southglenn.Nextdoor.com

Next Southglenn Civic Association Board Meeting

Wed., Nov. 19th, 7 p.m.
at St. Timothy's Church

Coming In December!

Linda Nixon

SGCA is happy to present this to get you into the Holiday Spirit! We are joining up with Whole Foods for a special afternoon for you and your children. We invite you to come decorate a cookie, make a holiday ornament, and watch a holiday movie. This is scheduled for December 13th from 3pm-5pm at the Southglenn Whole Foods. We have wanted to do this for a long time, so a big Thank You to Whole Foods for making it a reality. Please RSVP with me. LANDSnixon@msn.com or 303-795-8083.

Don't forget to decorate for the Southglenn HOLIDAY LIGHTS CONTEST in DECEMBER! There will be four categories: Most Lights, Most Nostalgic, Most Creative, and Religious. Start your planning now and beginning in December don't forget to call or email me to VOTE for the ones you like. Landsnixon@msn.com or 303-795-8083.



Election Season

Dale Rottschafer, Treasurer

November 4 is the mid-term election for various Federal, state, and county offices and a number of state and local initiatives. This year there will be no polling places, ballots will be mailed and returned by

mail or dropped at designated Drop-off sites. Ballots must be received by **7pm on November 4**. Be sure to affix proper postage (\$0.70 if mailing) and return prior to the deadlines.

Additionally, the Southglenn Country Club will have an annual meeting of the members on November 12 at 7pm at the Southglenn Country Club clubhouse. There are two classes of members: residential property owners, who are voting members, and dues-paying members who are voting members in addition to having facilities use privileges. The purpose of the annual meeting is to update voting and dues-paying members on the club's current financial condition, vote on matters that are presented at the meeting, and to elect directors to the board. Ballots will be mailed no later than November 2. Each residential property in Southglenn will receive a ballot. Each dues-paying membership will receive a ballot. For those who are both residential and dues-paying, you should receive two ballots. Ballots must be received by the annual meeting on November 12. They can be returned via mail, dropped off at the club, or returned in person at the meeting on November 12.



SGCA Calendar of Events

Election Day: Tuesday, November 4th

Southglenn Country Club Annual Meeting: November 12th, all residents welcome

SGCA Volunteer Appreciation Dinner: November 19th

Holiday Lights Contest: December

SGCA & Whole Foods Holiday Celebration: December 13th

SOUTHGLENN CIVIC ASSOCIATION, INC.
\$15 Annual Dues for Jan. 1, 2014-Dec. 31, 2014

To join and/or support the SGCA, the annual dues are \$15.00

Name(s): _____

Street Address: _____

City, State, Zip Code: _____

Email Address: _____

Phone: _____

YES! I am willing to volunteer with SGCA. Call me with options.

I would like to receive the Reporter electronically

Number of years living in Southglenn: _____

YES, please list my teen's name in the Southglenn Reporter Teen Service Directory.

Here is the information (please check all that apply):

First Name & Last Initial: _____	Baby Sitting <input type="checkbox"/>	CPR Certified <input type="checkbox"/>	Pet Sitting <input type="checkbox"/>	Lawn Care <input type="checkbox"/>	Snow Removal <input type="checkbox"/>
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Phone: _____ Age: _____

First Name & Last Initial: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Phone: _____ Age: _____

Make checks payable to Southglenn Civic Association (*your cancelled check will be your receipt*). Send this form and your check to:

Southglenn Civic Association, PO Box 2024, Centennial, CO 80161.

Please attach your ideas, comments and questions on a separate sheet.

Thank you for your involvement and support!

The Latest Senior Scam

Dorothy Mauro

Metrum Community Credit Union has shared information about a recent scam that has affected at least one of their members and learned that other seniors have been affected. The credit union member received a phone call from someone who claimed to be their grandson, but due to his "severe allergic reaction" could barely speak. He stated that he had been arrested, as the friend's car he was riding in had been pulled over. "Some drug" was found in the car and he was arrested. He stated, "Please don't call my parents." Then a "detective" came on the line to give them instructions for getting their grandson released. They were instructed to withdrawal \$4,000 and use it to buy gift cards at the local Safeway. Once they had the gift cards, they were to call a number given to them and provide the numbers off the back of the cards and their grandson would be released. The alert staff at the Safeway store at 181 W Mineral Avenue had several purchases of this nature during the day, recognized the pattern and informed the credit union members that it was a fraudulent scam. It appears to be a fairly large scam targeted at seniors. A police report has been filed. Please know, legitimate law enforcement procedures will never require (or accept) payment via gift cards.



Southglenn Civic Association

PO Box 2024, Centennial, CO 80161-2024

OFFICERS:

Chairperson: Linda Nixon, 303-795-8083, landsnixon@msn.com

Vice-Chairperson: Susie Elmer, 720-629-4179, susieohle@yahoo.com

Secretary: Dora Cash, 303-794-8851, jim_dora_cash@yahoo.com

Treasurer: Dale Rottschafer, 303-761-4539, dalelrottschafer@hotmail.com

Historian: Sue Seitz, 303-798-1487, sseitz@du.edu

COMMITTEES:

CenCON: Theadus Duke, Dorothy Mauro

Membership: Linda Nixon

Newsletter Co-Editors: Chris Haller, Dale Rottschafer

BOARD MEMBERS:

Theadus Ann Duke: 303-794-5809

Chris Haller: 614-506-2892, christopherhaller@gmail.com

Dorothy Mauro: 303-798-2823, damauro@comcast.net

The *Southglenn Reporter* is published monthly by the Southglenn Civic Association. However, they skip the January issue.

News Articles

The deadline for news articles is the 20th of the month before the next month's issue. Please email news articles to **SGCivicAssoc@gmail.com**. No endorsement of any product or service is implied or stated by its inclusion in the newsletter.

Advertising

The deadline for advertisements is the 15th of the month for the next month's issue.

To place an ad, call **Colorado Lasertype, 303-979-7499**.

Email: **getinfo@coloradolaser.com**

To find ad rates and discounts, go to **www.ColoradoLasertype.com**

and click on the "Advertising Rates" link.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the civic association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the civic association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

Ballot Track

Arapahoe County voters can sign up to receive alerts by email, phone or text message when their mail ballot has been mailed to them and received by the Elections Division. You can sign up for a free Ballot Track account at **www.araphoevotes.com**.



PANCAKES WITH SANTA CLAUS

SATURDAY, DEC 13TH

8:00-10:00 am

Southglenn Country Club

1489 E. Easter Ave., Centennial

MORE DETAILS TO

FOLLOW!

South Suburban Parks & Recreation District Overview

Dale Rottschafer

Since 1959, South Suburban Parks and Recreation District (SSPR) has provided parks, trails, open space, recreation facilities and programs. SSPR takes care of 3,830 acres of open space and parkland, and 88 miles of trails. This is in addition to managing and maintaining 60 playgrounds, 4 recreation centers, 7 pools, 120 multi-purpose fields, 95 softball/baseball fields, 50 tennis courts, 2 ice arenas, 4 golf courses and a heated driving range, 3 mini-golf courses, 3 skate parks, a nature center, batting cage facility, inline hockey rinks, entertainment arcade, and a BMX cycling track. Something for everyone! Property taxes make it possible for everyone to enjoy parks, trails and open space. Admission fees are charged for people who want to use a recreational facility, such as the rec centers, pools, or golf. Over the last 20 years, SSPR has added Buck Rec Center, Lone Tree Rec Center, Cook Creek Pool, Colorado Journey Batting Cages and Mini Golf, Lone Tree Golf Course & Tennis Center, and Family Sports Center without seeking additional funding for maintenance through mill levy during this time.

SSPR has been recognized nationally by the Government Finance Officers Association for 5 consecutive years for outstanding budget management and 12 consecutive years for excellence in financial reporting. In 2014, a 70 member Gold Medal Citizens Committee reviewed SSPR's operations and concluded that SSPR is well managed. The Committee also concluded that costs for maintaining everything SSPR provides for the community have risen significantly the last 10-20 years.

How lucky are we to have such a phenomenal parks and rec-

reation district right here in our backyard (for some of us literally right in our backyard)?! They provide so much to our community. I hope everyone in Southglenn continues to appreciate and support SSPR for decades to come - and takes advantage of all of the wonderful activities that are available for you, your family, and your guests through SSPR.

Tree Lighting Ceremonies

Friday, November 21, 5:30pm-8:00pm.
Streets of Southglenn - It's the kickoff of the holiday season with the annual tree lighting, a visit from everyone's favorite jolly fellow and more!

Saturday, November 22, 3:30pm at Centennial Center Park - Enjoy local school choral groups, photos with Santa, holiday treats and top the evening off with the lighting of our 20-foot tree!



Centennial 101

The Centennial City Council has funded another session of Centennial 101, to be held on Thursday evenings, January 29 - March 5, 2015. This is a free program to discover how our City works. In just seven weeks participants will understand how Centennial is unique, learn about how our tax dollars are used, experience a mock court trial, and find opportunities to get more involved in our community. Applications are available at www.centennialCO.gov/centennial101 and will be accepted November 17 - December 3, 2014. Thirty participants will be accepted for the 2015 class.

Free Class on Estate Planning

Hidden Risks:

Avoiding Common Estate Planning Mistakes

Where: Southglenn Library

When: Thursday, November 20th, 3 pm, or
Saturday, November 22nd, 10 am

What: Attendees will learn:

- The advantages and disadvantages of wills and living trusts.
- How probate works and how you can set your estate up to avoid it.
- How to preserve your wealth for your loved ones.
- How to protect your children's inheritance from ex-spouses, lawsuits, and other creditors.

Although the class is free, we need you to register by **November 10th** so that we can be sure to have enough space and materials. Please do so by visiting us at:

www.themckenziefirm.com/estate-planning-seminars/

or by calling Tami at **303.578.2745**

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Preparing Your Home For Winter

Furnace Inspection

- Change filters monthly.
- Remove all flammable material from the area surrounding your furnace.

Get Fireplace Ready

- Call chimney sweep to remove soot & creosote.

Check Foundations

- Seal up entry points to keep small animals from crawling under the house.
- Rake away all debris & edible vegetation from the foundation.

Check Exterior Doors & Windows

- Inspect exterior for cracks & exposed entry points around pipes: seal them.
- Use weather-stripping around doors to prevent cold air from entering the home & caulk windows.

Inspect Roof, Gutters & Downspouts

- If temperature falls below 32 degrees in winter, add extra insulation in the attic to prevent ice dams forming on the roof.
- Replace worn roof shingles or tiles.
- Clean out the gutters & clear debris from downspouts.



Service Weather-Specific Equipment

- Drain gas from lawnmowers.
- Service or tune-up snow blowers.

Prevent Plumbing Freezes

- Locate your water main in the event you need to shut it off in an emergency
- Drain all garden hoses, blow out sprinkler systems.
- Insulate exposed plumbing pipes.
- Insulate exposed plumbing pipes
- Drain air conditioner pipes and, if your AC has a water shut-off valve, turn it off.
- If you go on vacation, leave the heat on, set to at least 55 degrees.

Install Smoke & Carbon Monoxide Detectors

- Install a carbon monoxide detector near your furnace and or water heater.
- Test smoke & carbon monoxide detectors to make sure they work.

Style	Low	High	Sq.Ft.	How Many
Ranch	289	385	1120-1850	4
2 Story	300	406	1862-2488	6
Bi-Level	328	353	1104-1500	3
Tri-Level	295	385	1868-2140	12

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Arapahoe Libraries - Southglenn

Dale Rottschafer

Have you ever looked at the calendar for the plethora of meetings and activities that are going on at our little library branch? Here's a sample from November's calendar (no doubt more will be added between when I wrote this and November's arrival): Regular weekly Baby, Toddler, Preschool and Family Storytimes; Red Cross Blended Learning: Adult & Pediatric First Aid/CPR/AED (adults); Life for a Teen Civil War Soldier (teens); Tour Southglenn's Studio – learn about all The Studio has to offer. Staff will show off our recording equipment, green screen movie making capabilities and other tools to make your creative ideas a reality (adults); A Clean Start – assemble bags of personal care items for the needy in our communities. Enjoy holiday treats while you help out this worthy cause. (families); Writer's Circle – an adult writing group that will provide support and insights to strengthen your craft. (adults); Game On! - Hang out and play computer games, video games, board games or chess (teens); World Harvest Celebration – Each library will host activities and games to highlight the harvest of two areas of the globe. (children); Gather up the Fragments – Quilts and the Civil War share a vivid history. This trunk show features quilts made between 1840 and 1870. You'll learn about the types of quilts made for soldiers and quilts that were used on the Underground Railroad. (adults); Make your own Games – Learn to use the invention kit Makey Makey to create your own games and activities (ages 9-14). Can you believe the variety of activities offered in just one month? And this is a month where the library will be closed for 4 days – November 11 (Veteran's Day) and November 26-28 (Thanksgiving). Visit the library, or go to www.arapahoelibraries.org - click on "Programs & Classes" for more information.

Littleton Public Schools is Accredited with Distinction... Again!

LPS is the only Denver metro area school district to be Accredited with Distinction five years in a row. LPS again received the rating of Accredited with Distinction from the Colorado Department of Education. Accredited with Distinction is the highest accreditation rating given and is reserved for the state's top performing school districts. LPS is the only school district in the Denver metro area to be Accredited with Distinction for five years. LPS continues to earn this rating based on its student performance across key indicators that best reflect student academic success: academic achievement, academic growth, reducing academic growth gaps, and postsecondary and workforce readiness. LPS met or exceeded its target goals in all four of these performance indicators. Of particular note, LPS increased graduation rates in all student population subgroups and has seen steady increases in four-year, on-time graduation rates for all populations. In addition, middle school academic achievement earned an "exceeds" rating in all content areas.

National Runaway Prevention Month

A campaign by the National Network for Youth to increase public awareness of the issues facing runaways and to educate the public about the solutions, and about the role they can play in preventing youth from running away.

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29 LPS Seniors Earn National Merit Recognition

Twenty-nine Littleton Public Schools seniors have been recognized by the National Merit Scholarship Program for the exceptional academic promise demonstrated by their outstanding performance on the qualifying test used for program entry. Seven students were named National Merit Semifinalists, an additional 20 were named National Merit Commended Scholars, and two were named National Achievement Recognition. Only 16,000 students across the nation qualified as National Merit Semifinalists. To be named a Semifinalist, a student must score in the top range of the PSAT (Preliminary Scholastic Aptitude Test). LPS Semifinalists will now compete with other students across the nation to become National Merit Finalists and for a share of more than \$36 million in scholarship money. To become a finalist, students must not only have an outstanding academic record, they also must be endorsed and recommended by their principal. Candidates submit their SAT scores, a detailed scholarship application including an essay, and submit information about their participation and leadership in school and community activities. Finalists will be announced in April, 2015. The following LPS students are 2014 National Merit Semifinalists from each of the high schools. Arapahoe: Zoey Huey, Robert Mayer, Sanjay Patil; Heritage: Hannah McDaniel, Annika Reuter, Michael Thurber; Littleton: Kelly Dinneen. Good luck in your quest to be finalists, LPS Seniors!

FREE Children's Concert – Haydn Go Seek With The Orchestra!

Presented By The Littleton Symphony Orchestra

November 15, 2014, 2:30 p.m.

Join the Littleton Symphony Orchestra for a concert designed especially for kids! Our annual FREE children's concert is always a fun and educational experience for the whole family. This year's concert will feature 7-year-old pianist Madison Oh and the return of Lemony Snicket's The Composer is Dead, a "whodunit" that introduces children to the sections of the orchestra.

The concert will take place at Littleton United Methodist Church, 5894 S. Datura Street in Littleton. Kids, join the fun and bring your grown-ups. NO TICKETS NEEDED!

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South Suburban November Highlights

Thanksgiving Break Camp, Monday-Wednesday, November 24-26, 7 am to 6 pm, Ages 5-10 @ Lone Tree Recreation Center – For the convenience of our families near **Goodson Recreation Center, 6315 S. University Blvd in Centennial**, children can be dropped off and picked up at **Goodson**. For all required paperwork and necessary information, please contact Mary Kaminski at 303-708-3518 or 303-435-8242 at maryk@sspr.org.

Adventure Day Camp @ Family Sports Center. Day Camps are offered Tuesday, November 4, Friday November 14, Wednesday, November 26 and Friday, November 28. The camp keeps kids ages 6-13 busy from 7am-6pm with all of the activities Family Sports Center has to offer. Register online or contact Christina Ibarra at 303-754-0552 or christinai@sspr.org.

Chase N the Dream Concert, Friday, November 7, 7-9 pm

@ **Douglas H. Buck Recreation Center** Chase is a phenomenal national recording artist who has put together one of the hottest and most entertaining live bands around. Ages 12-seniors will enjoy this high-voltage 8 piece electrifying dance band. These seasoned and versatile performers play top 40 hits, Motown, Rock, Jazz, R&B, Disco, Swing, Country, Latin, and Reggae. For more information, contact: debbiez@sspr.org.

Let's Talk Turkey, Friday, November 21, 6:30-8:00 pm, Carson Nature Center Join us for a relaxing evening as we talk turkey! We'll have a short program on wild turkeys, and then present a free, award-winning documentary: My Life as a Turkey. Refreshments included! For further information, please contact victorias@sspr.org.

Turkey Burner Fitness Jam, Thursday, November 27, 8:30 am – 10 am, Buck, Goodson and Lone Tree. Burn off those calories before your Thanksgiving Feast! Drop-in fees apply; regularly scheduled drop-in fitness classes are cancelled.

Black Friday Fun Run 5K, Friday, November 28, 10 am, deKoevend Park. This is the last event of the 2014 South Suburban Race Series. All ages and abilities are welcome. Family oriented games and activities also offered. **Register online:** <http://www.runningguru.com/Event/BlackFriday>. For more information or to sponsor this race, please contact reedd@sspr.org.

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Centennial Becomes One of 31 Inaugural Partner Cities in National Broadband Initiative

Next Century Cities is a new initiative of 31 cities nationwide joining together to recognize the importance of leveraging gigabit-level Internet to attract new businesses and create jobs, improve health care and education, and connect residents to new opportunities. Next Century Cities will support communities and their elected leaders, including mayors and other officials, as they seek to ensure that all have access to fast, affordable, and reliable Internet. Participating cities will work with each other to learn about what works – and what doesn’t – so that every community has access to information that can help them succeed. The launch event took place in Santa Monica, California on October 20. Centennial Mayor Pro Tem Ken Lucas represented the City of Centennial at this important event. He said, “As we all know, technology is continuously evolving at a very rapid pace and it is important for the City of Centennial to be at the forefront of these technological improvements so our residents, institutions, and businesses have the ability to compete in a global environment. In today’s business environment access to telecommunication services and ultra-fast broadband is a key priority when deciding where to locate new facilities, and since Centennial is located in a very competitive neighborhood of cities, we want to be at the top of their lists. We hope to accomplish these goals by finding the right private sector partner(s) who will provide the technical and financial expertise to get us there.”

Teen Services

To add your teen’s name, please call **Dale Rottschafer** at **303-761-4539** and leave the following information: your name, age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting * Red Cross Cert. for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. You must be a dues paying member of the Southglenn Civic Association to have your name listed. *No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.*

Celeste B.	15	B*
Kyle B.	15	B*/P/L/S
Ellie B.	13	B*/P
Texel B.	13	L/S
Ella C.	12	B/P
Larry C.	12	L
Rose C.	14	B*/P
Chanda E	15	B
Maddie E.		B*/P
Nash H.	14	L
Aaron N.	15	B/L/S
Molly R.	12	P
Connor S.	15	P/L/S
Gabriella S.	17	B/P
Nicholas S.	15	P/L/S
Jack T.	13	P/S

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SOUTHGLENN 2014 MARKET STATISTICS

Homes *FOR SALE* in Southglenn September 16, 2014 - October 16, 2014

Style	Lowest	Highest	SqFt	How Many?
Ranch				0
2 Story	\$329,900	\$359,900	1813-2076	2
Bi-Level	\$285,000		1868	1
Tri-Level/Multi Level	\$304,900	\$389,500	1868-2507	3

Homes *UNDER CONTRACT* in Southglenn September 16, 2014 October 16, 2014

Style	Lowest	Highest	SqFt	How Many?
Ranch	\$284,900	\$349,900	1144-1965	3
2 Story	\$390,000	\$399,900	2514-2528	2
Bi-Level	\$349,000	\$350,000	1104-1230	0
Tri-Level/Multi Level	\$325,000	\$384,500	1868-2295	5

Homes *SOLD* in Southglenn September 16, 2014 - October 16, 2014

Style	Lowest	Highest	SqFt	How Many?
Ranch	\$288,786	\$385,000	1120-1850	3
2 Story				0
Bi-Level				0
Tri-Level/Multi Level	\$295,000	\$385,000	1868-2130	3

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Don't Skimp on Knee Care

Taking care of your knees is important to your mobility and your overall health. It's also beneficial to your bank balance. Avoid undue stress in all those areas with these three tips, from the Nerd Wallet website:

- Surgery is expensive. Even if your insurance covers most of the cost, you could end up paying thousands of dollars for surgery or replacements. The average price tag is reportedly more than \$50,000.
- You'll stay healthy longer. Strong knees allow you to exercise and maintain a healthy weight, which can hold off some of the side effects of old age (like dementia) and help you remain independent as you grow older, cutting back on the need to pay for assistance in daily activities.
- Bad knees contribute to other problems. Problems in the knees can cause pain in your back, hips, and other areas, requiring other kinds of expensive and time-consuming treatment: medication, hip replacement surgery, and so forth. Keeping your knees in good shape can pay off for your entire body.

Disk Damage: Watch Your Back

A herniated spinal disk can cause severe pain. Spinal disks act as cushions between your vertebrae, and if they become damaged or slip out of place, they can irritate surrounding nerves. The result: weakness, numbness, and/or pain in arms, legs, or back. Watch for these risk factors to assess your vulnerability:

- Age. Spinal disks degenerate over time, becoming less flexible and more likely to tear as you grow older.
- Weight. Extra weight puts more of a strain on your lower back.
- Lifting. If your job (or your personal life) requires you to do a lot of heavy lifting, be sure to pick objects up properly and safely to avoid injury.
- Genetics. The Mayo Clinic website points out that some people inherit a tendency to develop disks that herniate easily.



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